Physics 3A: Physics for the Life Sciences

Chapter 5: Interacting System

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Net Force and Acceleration in One Dimension

Two horizontal forces act on a 2.0 kg object:

$$F_1=5\,\mathrm{N}$$
 (to the right), $F_2=3\,\mathrm{N}$ (to the left)

Find the magnitude and direction of the acceleration.

Net Force:

$$\vec{F}_{\text{net}} = \vec{F}_1 + \vec{F}_2 = (5-3) \, \text{N} = 2 \, \text{N} \, (\text{to the right})$$

Newton's Second Law:

$$a = \frac{F_{\rm net}}{m} = \frac{2}{2.0} = 1.0 \, {\rm m/s^2}$$

Result:

$$a=1.0\,\mathrm{m/s^2}$$
 to the right

Net Force and Acceleration in Two Dimensions

A 2.0 kg object is pulled by two forces:

$$|F_1| = 5 \,\mathrm{N}, \quad |F_2| = 3 \,\mathrm{N}$$

 F_1 is at 45° above the x-axis, F_2 is at 25° below the x-axis. Find the acceleration vector.

Force components:

$$F_{1x} = F_1 \cos 45^{\circ}, \quad F_{1y} = F_1 \sin 45^{\circ},$$

 $F_{2x} = F_2 \cos 25^{\circ}, \quad F_{2y} = -F_2 \sin 25^{\circ}.$

Net force components:

$$F_{\mathsf{net},x} = F_{1x} + F_{2x}, \quad F_{\mathsf{net},y} = F_{1y} + F_{2y}.$$

Acceleration:

$$\vec{a} = \frac{\vec{F}_{\text{net}}}{m} = \left(\frac{F_{1x} + F_{2x}}{m}, \frac{F_{1y} + F_{2y}}{m}\right)$$

Magnitude:

$$a = \sqrt{a_x^2 + a_y^2}$$

Ball Kicked With a Force for a Short Time

A soccer ball of mass $m = 0.45 \, \text{kg}$ is kicked with a powerful force of $F = 2000 \, \text{N}$.

The contact time between the foot and ball is $\Delta t_k = 0.01 \, \mathrm{s}$.

The ball then flies freely for $\Delta t = 2.0 \,\mathrm{s}$.

Find (a) the launch speed v_0 and (b) the distance traveled.

(a) Acceleration and Launch Speed

$$a = \frac{F}{m} = \frac{2000}{0.45} = 4.44 \times 10^3 \,\mathrm{m/s^2}$$

$$v_0 = a\Delta t_k = (4.44 \times 10^3)(0.01) = 44.4 \,\mathrm{m/s}$$

(b) Distance Traveled

$$x = \frac{1}{2}a\Delta t_k^2 + v_0(\Delta t - \Delta t_k)$$

$$x = \frac{1}{2}(4.44 \times 10^3)(0.01)^2 + (44.4)(2.0 - 0.01)$$

$$x = 0.222 + 88.36 \approx \boxed{88.6 \,\mathrm{m}}$$

Inclined Plane and Condition for Sliding

A block rests on an incline at angle α .

What are the forces acting on it?

Under what condition will it begin to slide?

Forces on the block:

$$\begin{split} F_g &= mg, \\ F_N &= mg\cos\alpha, \\ F_{g,\parallel} &= mg\sin\alpha, \\ F_f &= \mu_s F_N = \mu_s mg\cos\alpha. \end{split}$$

Condition for equilibrium:

$$F_f = F_{g,\parallel} \quad \Rightarrow \quad \mu_s mg \cos \alpha = mg \sin \alpha$$

Solve for the critical angle:

$$\mu_{\rm S}=\tan\alpha$$

Interpretation: The block begins to slide when the component of gravity along the incline equals the maximum static friction.

Equivalent Spring Constant: Parallel Combination

Two identical springs of constant k each are attached in parallel to the same mass.

Both springs compress by the same amount Δx .

Forces:

$$F_1 = -k\Delta x$$
, $F_2 = -k\Delta x$

Total force:

$$F = F_1 + F_2 = -2k\Delta x$$

Equivalent spring constant:

$$K=2k$$

In general:

$$K=k_1+k_2$$

Equivalent Spring Constant: Series Combination

Two springs with constants k_1 and k_2 are connected in series.

The same force F acts on both, but each stretches differently.

Force balance:

$$F = k_1 \Delta x_1 = k_2 \Delta x_2$$

$$\Delta x = \Delta x_1 + \Delta x_2$$

Total extension:

$$\frac{F}{K} = \frac{F}{k_1} + \frac{F}{k_2}$$

Equivalent spring constant:

$$\boxed{\frac{1}{K} = \frac{1}{k_1} + \frac{1}{k_2}}$$

Special case: if $k_1 = k_2 = k$, then $K = \frac{1}{2}k$

Condition for Lifting With Two Ropes

A box is pulled upward by two ropes under tension $\mathcal T$ at angle θ .

Each rope provides a vertical component $T \sin \theta$.

Vertical force balance:

$$2T\sin\theta > mg$$
 (required to lift the box)

At equilibrium (just about to lift):

$$2T\sin\theta = mg$$

Horizontal components cancel:

$$T\cos\theta$$
 (left) = $T\cos\theta$ (right)

Two Masses and Two Springs on an Incline

Two blocks m_1 and m_2 rest on an incline of angle α .

The blocks are connected by two springs with constants k_1 and k_2 .

Both blocks experience friction with coefficient μ .

The friction is too small to hold the blocks.

Find the equilibrium extensions Δx_1 and Δx_2 .

For Block m_2 :

$$k_2 \Delta x_2 = m_2 g(\sin \alpha - \mu \cos \alpha)$$

For Block m_1 :

$$k_1 \Delta x_1 = m_1 g(\sin \alpha - \mu \cos \alpha) + k_2 \Delta x_2$$

Substitute for Δx_2 :

$$\Delta x_1 = \frac{1}{k_1} \left[m_1 g(\sin \alpha - \mu \cos \alpha) + m_2 g(\sin \alpha - \mu \cos \alpha) \right]$$

Simplify:

$$\Delta x_1 = \frac{(m_1 + m_2)g(\sin \alpha - \mu \cos \alpha)}{k_1}$$

Interpretation: It's as if both masses were attached directly to the first spring — the second spring transmits the same effective load.

Two-Mass System on an Incline (With and Without Friction)

Two masses are connected by a light string over a frictionless pulley. m_1 is on an incline of angle α , m_2 hangs vertically. We seek the condition for equilibrium.

(a) Without Friction:

$$\Sigma F_{\parallel} = 0 \quad \Rightarrow \quad m_2 g = m_1 g \sin \alpha$$

$$\boxed{\sin \alpha = m_2/m_1}$$

If $m_2 > m_1 \sin \alpha$: system moves downward (mass m_2 descends) If $m_2 < m_1 \sin \alpha$: system moves upward (mass m_2 rises)

(b) With Friction:

At threshold of motion, $F_f = \mu_s F_N = \mu_s m_1 g \cos \alpha$

Case 1: m_2 tends to move down

$$m_2 g = m_1 g \sin \alpha + \mu_s m_1 g \cos \alpha \quad \Rightarrow \quad \mu_s = \frac{m_2 / m_1 - \sin \alpha}{\cos \alpha}$$

Case 2: m_2 tends to move up

$$m_2 g = m_1 g \sin \alpha - \mu_s m_1 g \cos \alpha \quad \Rightarrow \quad \mu_s = \frac{\sin \alpha - m_2/m_1}{\cos \alpha}$$

Condition for equilibrium:



Block on a Slide in an Accelerating Elevator

A block of mass $m=2.0\,\mathrm{kg}$ rests on a smooth incline $(\theta=30^\circ)$ inside an elevator.

The elevator accelerates **upward** with $a_{el} = 2.0 \,\text{m/s}^2$.

Find the block's acceleration along the incline as seen by someone inside the elevator.

Step 1: Forces in the Elevator Frame (Non-Inertial):

Real forces:
$$\begin{cases} W = mg \text{ (downward)} \\ N = \text{normal force (perpendicular to incline)} \end{cases}$$

Fictitious force: $F_{\text{fict}} = -ma_{\text{el}}$ (downward if elevator accelerates up)

Step 2: Effective Gravity in Elevator Frame:

$$g_{\text{eff}} = g + a_{\text{el}} = 9.8 + 2.0 = 11.8 \,\text{m/s}^2$$

Step 3: Acceleration Down the Incline:

$$a_{\mathrm{block}} = g_{\mathrm{eff}} \sin \theta = 11.8 \sin 30^{\circ} = 5.9 \,\mathrm{m/s^2}$$

Compare: If the elevator were at rest, $a=g\sin\theta=4.9\,\mathrm{m/s^2}$ — so the block slides faster because the elevator is accelerating upward.

Apparent Weight in an Accelerating Elevator

A $5.0\,\mathrm{kg}$ mass hangs from a spring scale in an elevator.

The elevator accelerates **downward** at $a = 3.0 \,\mathrm{m/s^2}$.

What is the apparent weight shown by the scale?

Forces:

$$T - mg = ma \quad \Rightarrow \quad T = m(g - a)$$

Plug in:

$$T = 5.0(9.8 - 3.0) = 34 \,\mathrm{N}$$

Interpretation: The apparent weight is smaller than the true weight (49 N) because the elevator accelerates downward — the scale reads less.

Spring Constant to Prevent the Block from Falling

A block of mass $m = 1.0 \, \text{kg}$ is pressed against a vertical wall by a spring.

The spring is compressed by $\Delta x = 0.02 \,\mathrm{m}$.

The coefficient of static friction between the block and wall is $\mu=0.2$.

What spring constant k ensures that the block does **not fall**?

Forces:

$$\begin{split} F_{\rm g} &= m{\rm g}\,, \\ F_{\rm fr} &= \mu F_{N}, \\ F_{N} &= F_{\rm sp} = k\Delta x. \end{split}$$

Condition for equilibrium:

$$F_{\rm fr} = F_{\rm g} \quad \Rightarrow \quad \mu k \Delta x = m g$$

Solve for the spring constant:

$$k = \frac{mg}{\mu \, \Delta x}$$

Substitute:

$$k = \frac{(1.0)(9.8)}{(0.2)(0.02)} = 2450 \,\mathrm{N/m}$$

Ball Falling With Drag

Drag force: $F_D = -cv$ (low Reynolds number regime)

Gravitational force: $F_g = mg$

Equation of motion:
$$\sum F = ma = mg - cv$$

(a) Terminal Speed

$$mg = cv_t \quad \Rightarrow \quad v_t = \frac{mg}{c}$$

(b) Velocity as a Function of Time

$$a(t) = \frac{dv}{dt} = g - \frac{c}{m}v$$

$$\frac{dv}{g - \frac{c}{v}v} = dt$$

Integrate:

$$-\frac{m}{c} \int_0^v \frac{dv'}{v_t - v'} = \int_0^t dt'$$
$$-\frac{m}{c} \ln \left| 1 - \frac{v}{v_t} \right| = t$$

Solve for v(t):

$$v(t) = v_t \left(1 - e^{-\frac{c}{m}t} \right)$$

Interpretation:

At t = 0: v(0) = 0 (starts from rest)

As $t \to \infty$: $v(t) \to v_t$ (reaches terminal speed)



Vertical Spring Compression at Equilibrium

A block of mass m rests on a vertical spring.

What are the forces? What is the final compression Δx ?

Forces:

$$F_g = mg, \quad F_s = -k\Delta x$$

At equilibrium: $\sum F = 0$

$$mg = k\Delta x$$

Solve for spring compression:

$$\Delta x = \frac{mg}{k}$$

Spring Compression on an Incline With Friction

A block of mass m rests on an incline of angle θ , attached to a spring.

The coefficient of friction is μ .

Find the equilibrium compression Δx .

Forces along the incline:

$$F_{\rm sp} = -k\Delta x$$
, $F_{\rm g} = mg\sin\theta$, $F_{\rm fr} = \mu F_{\rm N} = \mu mg\cos\theta$

At equilibrium:
$$\sum F_{\parallel} = 0$$

$$mg\sin\theta - \mu mg\cos\theta - k\Delta x = 0$$

Solve for compression:

$$\Delta x = \frac{mg(\sin\theta - \mu\cos\theta)}{k}$$

Harmonic Oscillation (Introduction)

A block of mass m attached to a spring (spring constant k) moves horizontally without friction.

The restoring force is given by Hooke's law:

$$F = -kx$$

Newton's Second Law:

$$F = ma = m \frac{d^2x}{dt^2}$$
 \Rightarrow $-kx = m \frac{d^2x}{dt^2}$

Equation of motion:

$$\frac{d^2x}{dt^2} + \frac{k}{m}x = 0$$

Solution form:

$$x(t) = A\sin(\omega t)$$
 or $x(t) = A\cos(\omega t)$

where

$$\omega = \sqrt{\frac{k}{m}}$$

Velocity and acceleration:

$$v(t) = \frac{dx}{dt} = A\omega\cos(\omega t), \quad a(t) = \frac{d^2x}{dt^2} = -A\omega^2\sin(\omega t)$$

Key points:

Maximum displacement $\Delta x_{\text{max}} = A$ occurs at v = 0.

Maximum velocity $v_{\text{max}} = A\omega$ occurs at x = 0.

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